

EAT

[part V of the ongoing TASK series]

Ryan Carraher (2020)

- Any number of performers may take part in a performance. Participants need not be professional musicians.
- Requirements
 - A table
 - A chair
 - A bowl of crisp lettuce
 - A fork
 - Amplification
- Instructions
 - Sit lifelessly at the table;
 - Your goal is simple: eat some lettuce while observing the following:
 - Eat as normally as possible but with making as little noise as possible (including chewing noises!); you should attempt to maintain complete silence.
 - You may not open your mouth. Your mouth must be positioned as if you were about to pronounce the “u” vowel. In this position, the lips are extended forward, pursed together, and a tiny, narrow aperture exists between the lips.
- If a performance of this task is being staged please contact me (ryan@ryancarraher.com) with any questions or concerns.
- This task can be performed live or documented as a video recording, a written commentary about your performance experience, or not documented at all.